



Plympton PRIMARY SCHOOL

16 September, 2015
Week 9 Term 3

Diary Dates

September	
25	Assembly: Room 2.3 hosts
25	Last day of T3. 2:15 dismissal
October	
12	T4 begins
23	Assembly: Room 2.2 hosts
27	School Council meets
November	
6	Assembly: Room 2.1 hosts
11	Open morning
13	Japanese Games Day
20	Assembly: Room 2.7 hosts
25	Orientation for 2016 starters
December	
1	School Council meets
2	Music Concert
3	Celebration Night
4	Assembly: Room 2.4 hosts Reports and 2016 Class placements
8	Yr 7 leaving Ceremony
10	School Picnic
11	last Day of T4. 1pm dismissal



19 Owen Street
PLYMPTON 5038 SA
T: 8293 1227
F: 8297 1582
W: www.plymptonps.sa.edu.au
E: dl.0346_info@schools.sa.edu.au
Principal: Tom O'Callaghan

Students Using Social Media

Students are using Social Media (Facebook, Instagram, Kik, etc) more and more and at younger and younger ages.

There is potential for misuse and there are worrying safety consequences for children when misuse occurs, so at school we teach about:

- Safe social networking
- Protecting personal information
- Responding to cyber bullying and unwanted contact
- Digital reputation
- Responsible online and mobile use.

In talking with parents and carers about their childrens' use of social media, I ask the following questions:

- As parents are you aware which social media your child engages with?
- Are their security settings at levels that protect them from harm?
- Do they use social media with your approval and under your supervision?
- Are you aware of the online content they view and engage in and does this meet your families standards?

When I speak with children I ask them the following questions:

- Are your parents and carers aware of the social media you use?
- Do you know personally all of the people you follow, or who follow you or are your on-line "friends"?
- Would you be comfortable using the same language or viewing the same content on the family TV in front of your family as you do online?

One effective way we can reduce the effects of cyber bullying is to make it clear to our online "friends" or followers that if they use language or share content that we are find offensive we will block them and no longer follow their posts.

I urge all families to have these conversations. We know that the school learning programme alone will not be successful in keeping our children safe on line.

An excellent on-line resource for parents can be found at : <https://www.esafety.gov.au/education-resources/parent-resources>



**Government
of South Australia**

Department for Education
and Child Development

Principal's Awards

Room 1 (Reception)

Kerry Baldwin

James B for applying effort to all learning tasks

Alicia C for applying effort to all learning tasks

Room 6 (Reception)

Stephanie Kakoschke

Uzma H for taking responsibility for your learning by asking for help when you need it

Zac F for taking responsibility for your own learning by tuning in and being a good listener

Room 2 (Reception & Year 1)

Georgina Ninos

Chelsea L for trying hard with her learning, even when it's tough

Sayka A for showing care and concern for her classmates

Room 13.7 (Year 1)

Kerry Briggs

Eleni K for always showing concern for other class members

Georgia V for always choosing to follow classroom expectations and routines to support her learning

Room 13.8 (Year 2)

Tina Bridgland & Jane Finlayson

Jasmine B for taking responsibility for her learning in reading

Do Won K for consistently putting effort into his reading log and writing thoughtful, interesting reflections

Room 13.2 (Year 2)

Margie Barylak & Lynn Johnson

Sarah W for taking responsibility for her learning across the curriculum

Madelyn M for taking such a lot of pride and care with her writing projects

Room 13.1 (Year 3)

Brenton Woolford

Eleina B for listening in the classroom and being polite

Harry Mc for listening and engaging in the lessons

Room 2.4 (Years 3&4)

Cath Newbould

Lilly V for caring about the feelings of other members of 2.4

Lucy J for always getting herself organised for the school day

Room 2.5 (Year 4)

Tracey Niekle

Jesse T for trying hard to implement some effective time management skills

Camille G for working independently and enthusiastically on all set learning tasks. A great positive attitude!

Room 2.3 (Year 5)

Merryn Jones

Devang S for cooperating successfully with a partner to complete learning tasks

Shahad A for cooperating successfully with a partner to complete learning tasks

Room 2.7 (Years 5&6)

Jonathan Gardner

Miss Rivett for going over and above to help 2.7 get ready for assembly

Devansh G for trying many techniques to help his tree-house stand up

Sarah Mc for demonstrating creativity persistence and technique when creating her tree-house design

Room 2.1 (Years 6&7)

Rose McCarty Jones

Josh J for successfully leading younger students at Aus Kick sessions

Kaleb Mc for always working hard during our maths lessons

Room 2.2 (Years 6&7)

Lauren Ireland

Kyron Z for successfully leading your peers at District Sports Day

Gypsy C-F for completing all activities in our Words Their Way sessions for 4 consecutive weeks

District Sports Day

Congratulations to all the students who represented the school on the day. It was great to see all the students try their best and to give it a go.

Well done to Ruby Vanloo who finished 1st in Long jump, 100m and 200m for our district, our 11 yr old girls relay team who finished 3rd in the combined event and Kyron Zechmeister who finished 2nd in Shot put and 3rd in Discus.

Many thanks to all the parents who came out to support their children.

Also we congratulate Ruby Vanloo, Mitchell Poole and Preshna Nakarmi who will be representing the school as a part of the Airport District team in the upcoming State Championships.

Anthony Worden
PE Teacher

Student Wellbeing Bed Time



As the change in the season progresses, and the lighter early mornings, sleep times can sometimes become more of a problem for some parents of young children. As we are all aware sleep is crucial for children to have a rewarding day of learning at school. A question that is often a focus for discussion is, 'What is an appropriate bed time for children?' I have been looking around at this and the overall answer I find is that each family would need to take into consideration their own family routines and circumstances; however I also came across this timetable and I thought it was useful as a simple guide.

Lynn Johnson
Student Counsellor

At what time should your child go to bed?

Age	Wake-up time						
	6:00 AM	6:15 AM	6:30 AM	6:45 AM	7:00 AM	7:15 AM	7:30 AM
	Sleeping time						
5	6:45 PM	7:00 PM	7:15 PM	7:30 PM	7:30 PM	8:00 PM	8:15 PM
6	7:00 PM	7:15 PM	7:30 PM	7:30 PM	8:00 PM	8:15 PM	8:30 PM
7	7:15 PM	7:15 PM	7:30 PM	8:00 PM	8:15 PM	8:30 PM	8:45 PM
8	19:30	7:30 PM	8:00 PM	8:15 PM	8:30 PM	8:45 PM	9:00 PM
9	7:30 PM	8:00 PM	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM
10	8:00 PM	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM	9:30 PM
11	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM	9:30 PM	9:45 PM
12	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM	9:30 PM	9:45 PM

FINANCE

PAYMENT OF SCHOOL MATERIALS AND SERVICES FEE BY INSTALMENT

Please be aware that all fees being paid by instalment are due to be paid in full by the end of this term – next Thursday 24th September is the last day for payment.

UNIFORM SALE

For Sale at a reduced price – all brand new with tags attached

- Black cargo pants size 6 x 1 - \$20 (normally \$37)
- Green long sleeve t-shirt size 14 x 2 - \$15 each (normally \$29)
- Green short sleeve t-shirt size Large x 1 - \$15 (normally \$29)
- Green short sleeve t-shirt size 3 x 1 - \$15 (normally \$29)
- White long sleeve t-shirt size 12 x 1 - \$5 (old stock)
- Green long sleeve t-shirt size 14 x 1 - \$5 (old stock)
- Green long sleeve t-shirts size 6 x 2 - \$5 each (old stock)

Please see Alison in the Finance Office on Tuesdays – Thursdays to purchase.

FUNDRAISING NEWS

PEOPLE'S CHOICE COMMUNITY LOTTERY

All raffle tickets, both sold and unsold, need to be returned to Alison at the Finance Office by tomorrow, September 17th.

FATHER'S DAY STALL

A big thankyou to all who helped with the Father's Day Stall. We raised \$199.75 over the two days.

HALLOWEEN STALL

We are holding a Halloween Stall in the Canteen at Recess and Lunchtime on Thursday 29th October – watch this space!



PCWCORNER

It is spring again!! :) We have just had a glorious weekend with temperatures in the high twenties, beautiful blossoms appearing, fresh green leaves growing and flowers appearing! It has been great to sit outside and enjoy the warmth of the spring sun on your face, watch the footy finals without the rain and cold, go to the Royal Adelaide Show and even go to school without being concerned about the very cold or the very hot. It is just a very pleasant time of year.

Without taking a survey, I am assuming that most people find spring a lovely time of year. However, I also know that there are people who may express a different opinion about spring. You could take it as a fact that spring occurs every year without getting too excited about it. Or you could even find it boring that the same thing occurs every year, and you might get sick of people talking about "The Joy Of Spring" and even get angry at people talking like this.

One of the reasons that spring is so great is that it reminds us that there are pleasant times to be had despite the difficulties of the extremes of weather that occur in both winter and summer. I love extreme weather as these conditions teach us about the amazing planet that we live on. However, I also know that I am unable to live in such conditions on my own. It is exciting that we can create ways in which we can live in and explore the world in extreme conditions. Yet it is always tougher living and working in such environments as disasters and tragedies occur, and the things we make to help us also break down.

The same occurs in summer and winter even in the mild climates. This is why spring is a great time of relaxation from the tough times. It is a time to relax and just enjoy the beautiful world in which we live and it is a time to recover from the tough times that we have had and to prepare for the next lot of tough times ahead. That is why spring is never boring! But it can seem boring if you have not recovered from a tough time or if you do not know how to prepare for the next tough time. All of us experience tough times and can find that spring does not seem to give us the hope that is promised. This is when those with the hope of spring can help and encourage those without the hope of spring.

Wishing you "a little of sunshine" as we finish the term and enjoy the school holidays

Til next time – Karen (PCW)

Karen Tromans works in our school as a Pastoral Care Worker, and her role is supported through the Federal Government Schools' Chaplaincy Program.

Child & Adolescent Sleep Clinic

Does your child have a sleep problem?

Does your child:

- refuse to go to bed at night
- have trouble falling asleep
- wake up and cannot get back to sleep
- have trouble waking up or getting out of bed in the morning
- often sleep in their parents' bed or bedroom or need a parent present to help them fall asleep
- miss school or feel fatigued throughout the school day

The child & adolescent sleep clinic in the School of Psychology at Flinders University provides treatment for children & adolescents of all ages.

For more information please call 8201 7587 or email

casc.enquiries@flinders.edu.au

www.facebook.com/cascsleep

Commonwealth Bank School Banking Update

Following the decision last month to recall the *Cosmic Light Beam Torch* due to a potential safety issue, a decision has been made to also withdraw the upcoming **Lunar Light Band** reward from the School Banking Rewards Program.

There is a new reward item available for redemption in Term 4 – a **Galaxy Glider**. Once students have collected 10 tokens, they can include a note, along with their 10 tokens in their deposit wallet on banking day to advise that they would like to redeem their tokens for the Galaxy Glider reward item. The Outer Space Savers Money Box is also available in Term 4.

The Wonderful World of *Toddlers*

Are you the parent or carer of a 1–3 year old?

Want to understand their feelings and behaviour?

Come and hear how you can connect with your toddler and help them thrive by:

- seeing things through their eyes
- helping them manage strong feelings
- guiding their behaviour.

Register to attend in person:

Online:

<http://parentingsa.eventbrite.com.au>

Phone: 8303 1660

Email: health.parentingsa@health.sa.gov.au

Or

Register for the webcast:

Online:

<http://parentingsa.eventbrite.com.au>

When you register you will receive login details.

Presented by Parenting SA.

For more information about caring for your toddler go to www.parenting.sa.gov.au

or www.cvh.com

Wednesday 4 November

When: 7.15–9.00pm

Where: City Rooms

Adelaide Convention Centre

North Terrace, Adelaide

Earn and Learn Stickers

Thank you to Woolworths shoppers who have collected the Earn and Learn stickers for our school. These are no longer being distributed at the supermarket, so we ask that you send in your final collection of stickers for inclusion in our school claim by the end of the week.

Adelaide Cobras

2016 Junior Trials

Come and Try

MiniRoos Under 6 to 11 Weigall Oval Urrbrae Tce Plympton

Friday 25 September – 6.30pm to 7.30pm and Sunday 27 September – 10.00am to 11.00am

Arrive 15 minutes before session time to register your details

Juniors

Boys: Under 12 to 17 Weigall Oval Urrbrae Tce Plympton U12, U13 and U14 21, 23 September – 6.30pm to 8pm and 26 September 9.30am to 11am

U15, 16 and U17

22, 24 September 2014 – 6.30pm to 8pm

26 September 11.30am to 1pm

JUNIOR CRICKET

Teams for under 10, 12 & 14 players

- * No experience required
- * No equipment required
- * We invite you to come and give it a try
- * 100% Junior dedicated Sports Club

Training ~ Friday Nights @ 4.30pm – 6pm @ Forbes Primary School Cricket Net

Matches ~ Sunday morning at local ground/schools (Edwardstown Home Grounds are Edwardstown Memorial Oval & Forbes PS)

For more information

Ben 0452 171 729

Little Athletics

HOLIDAY FUN CLINIC

Monday, 28th of September to Thursday, 1st of October.

- Under 6 to Under 8 – Monday 28th Sept and Tuesday 29th Sept (9am – 11:30am)
- Under 9 to Under 13 – Wednesday 30th Sept and Thursday 1st Oct (9am – 12:30pm)

Cost is **\$32**. The holiday clinic is offered as a two-day pass.

Registrations close Sunday 27th & Tuesday 29th September at 11:59pm.

For more information, please visit:

<http://salaa.org.au/holidayclinics>

Little Athletics SA

2015/2016 Track & Field Season

Registrations are now open!

The season commences in October until the end of March.

For children to register with the closest centre, they need to visit www.salaa.org.au and click the "Find A Centre" button.

Participating in Little Athletics has so many great benefits such as:

- Increased physical activity levels
- Improved fine motor skills
- Raised self confidence
- Improved social skills
- Affordable for the family in a fun, community environment

KIDS CAN CREATE THEIR OWN CRICKET MOMENT

HITTING THE WINNING RUNS

YOUR FIRST INDOOR WIN

TAKING YOUR FIRST WICKET

play cricket

ACTIVITY: Junior Club Registration Day **AGE:** 8 to 15 Years

CLUB/CENTRE: Kenwick Cricket Club

ADDRESS: Immanuel College (nets behind Sports & Swim Centre)

32 Morphett Road, Nova Gardens SA 5040

DATE: Saturday 19th September **TIME:** 10:30am - 12:00 noon

CONTACT: Mark Brake

0419 815408 or mbrake@bigpond.net.au

Community Sport Notices

Cricket

The West Torrens Cricket Club will be conducting MILO in2CRICKET Clinics, commencing Sat 17 Oct, at Henley Oval from 9-10am.

Coaching will be by West Torrens players.

Anyone interested should register online by visiting the In2Cricket website <http://in2cricket.com.au/> and then click on "Sign up Today", and then type in West Torrens in the "Where can I Play" box.

COME & TRY

FREE T-BALL 4-6 yrs **FREE**
Machine Pitch 7-9 yrs

Baseball 9-17 yrs

SUNDAYS

20th & 27th September

3pm Start

Weigall Oval Reserve

Urrbrae Terrace Plympton

Contact Stuart Batchelor 0428 868 172

Bring a Drink & a Hat

